



OF SALT & SPIRIT

Morning Prayer

Thank you for the gift of this new day. I welcome in the Divine,
Universe, my angels and spirit guides. Thank you for
guiding my thoughts, my words, and my heart.

Thank you for helping me recognize your guidance,
trust my intuition, and notice the signs and synchronicities
you place along my path.

Archangel Michael, thank you for clearing away any energy
that no longer belongs to me. Help me release what is not
mine
to carry, surround me with love, light, peace, and protection,
opening my eyes to the miracles already around me,
and lead me toward my highest good.

I call my energy home.
I am safe.
I am loved.
I am guided.
I am grateful.
I am open.

May I flow like water...
releasing what no longer serves me,
receiving what is meant for me,
and trusting the tide that carries me.

May I meet this day where salt meets spirit

Thank-you... And so it is.

